



PARA-ATHLETES IN SLOVENIA

Lena Gabršček, mag. psih.



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About me

- Psychologist
- Paralympic Committee of Slovenia
- Olympic Committee of Slovenia
- Slovenian Anti-doping Agency
- Volleyball Referee
- Volleyball Coach
- Paralympian – London 2012



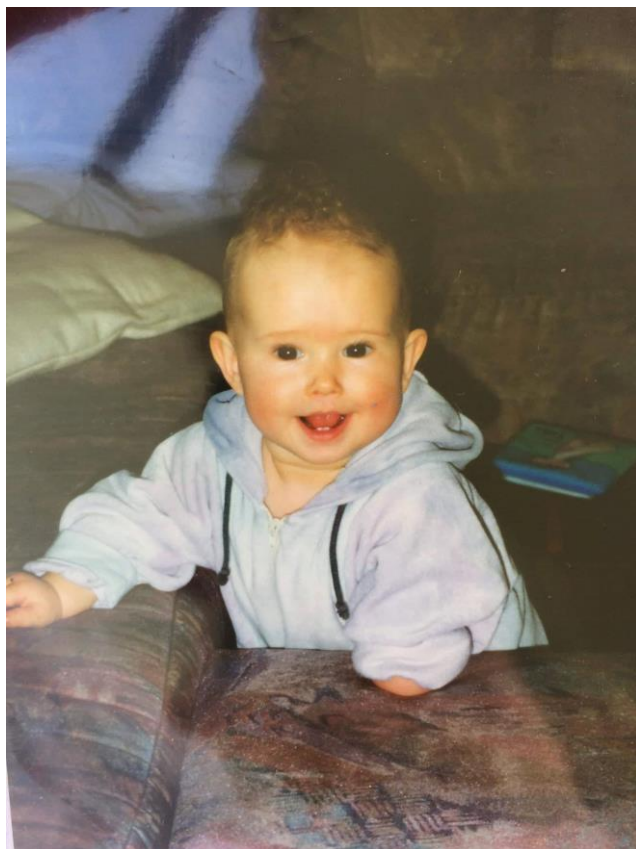
Klettaskóli
-menntun fyrir lífið



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Being Disabled





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Being a Paralympian



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Društvo
za kulturno inkluzije



Klettaskóli
-mentun fyrir lífið



Centar za
autizam
Rijeka

Paralympic Committee of Slovenia



- 2462 para-athletes
- 12 paralympic sports
- 11 non-paralympic sports
- 5 sports for deaf persons
- 10 special olympic sports
- National Championships
- International Championships



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Paralympic School Day

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Paralympic Camp for Families

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Become a Para-athlete



Jernej Slivnik: *»Smučanje je prvi šport, s katerim sem se začel ukvarjati. Dobri treningi, tekme in trenutki, ki jih ob tem doživim, me motivirajo tudi takrat, ko sem slabe volje. Šport je zame zabava, saj spoznavam nove ljudi, širim obzorja in sam sebi dokazujem, da sem lahko vedno boljši. Ponosen sem nase.«*



Lucija Planinc: *»Najbolj varno in sproščeno se počutim v vodi. Šport me že od nekdaj navdaja s pozitivno energijo, ker se ob njem počutim samozavestno in enakovredno drugim. Največja motivacija so rezultati, podpora staršev in prijateljev ter udeležba na paraolimpijskih igrah, ki so želja vsakega izmed nas.«*



Patrik Jagodic: *»Že od malega rad plavam, zato sem se odločil, da bom treniral. Moja motivacija je to, da bom nekoč dosegel velik uspeh. Včasih imam tudi slab dan, takrat pa me motivirajo moji starši, sošolci, učitelji in trener.«*



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Raising Awareness

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