



ASporty
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Competences of the young teacher/student

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- Good relationship between the Faculty of Education and the Center Levec
 1. Practical training also in the field of adapted physical activity (APA) because we are aware APA is very important
 2. Importance of practical training also for students of special education (SE)
 3. Challenges for young teachers/students of SE?

Why APA ?



1. Strong connection with learning
2. Development of physical abilities (coordination, balance, ...)
3. Development of social skills
4. Development of feelings of satisfaction in movement



Young teacher/student



- Teacher is not afraid of the unknown
- Teacher seeks information (also from parents)
- Teacher is able to communicate with different experts
- Teacher is able to adapt quickly to unstable environment
- Teacher is also a "student"
- Teacher also has demands on individuals
- The teacher is aware of his/her individuality (motor skills, sensory integration)
- The teacher is aware of his state of health
- Methodical skills